



ASA National Synchronised Swimming Championships

1. General Conditions

- 1.1. The ASA reserves full powers over the ASA Synchronised Swimming Championships.
- 1.2. The Championships shall be competed for annually under FINA Rules, the British Swimming Disciplinary Code and any additional conditions (printed in the respective Meet information). Where FINA Rules do not provide (for example: Health and Safety regulations and guidelines and Child Protection), the requirements of the ASA shall apply.
- 1.3. Entries will only be accepted from competitors registered as members of the Amateur Swimming Association (ASA), Scotland ASA (SASA) or Wales ASA (WASA).
- 1.4. A Competitor must have been a registered member, or equivalent, of the club in whose name she/he is entered, at least 60 days prior to the first day of competition.
- 1.5. The promotion of the Championships shall be the responsibility of the ASA Management.
- 1.6. Group (The Promoters). The Promoters shall decide any matter that is not covered by these conditions.
- 1.7. These Championships shall be held at a venue and for a period determined by the Promoters.
- 1.8. The date and venue of the Championships shall be decided by The Promoters.

2. Entry Qualifications

- 2.1. All competitors shall have obtained the appropriate ASA Synchronised Swimming Skill Level (as listing in Table 1) by the closing date of the Championships,

Table 1

Event	ASA SS Skill Level *
SOLO	FIVE (5)
DUET	FIVE (5)
MIXED DUET	THREE (3)
TEAM	FOUR (4)
FREE COMBINATION	THREE (3)
FINA Junior Figures	FOUR (4)
* 2016 Skill Level or 2017 Figure Grade	

- 2.2. A competitor may enter only once in any of the events listed in Table 1
- 2.3. Minimum age for entry for all competitors is 15 years of age on the 31st December in the year of the competition.
- 2.4. In all events female and male entries will be allowed. In the mixed duet entries must be for one male and one female.
- 2.5. A Club may enter more than one Free Combination, providing the first entry has the maximum (ten) competitors
- 2.6. A Free Combination has four (4) to ten (10) competitors who make a combination of routines.
- 2.7. The total number of competitors entered for a duet shall not exceed three (3). In Mixed Duets, if the reserve means the duet is no longer one female and one male, the duet will no longer be eligible to swim.

3. Method of Entry

- 3.1. On-Line entry system – contact - National Events Department, Pavilion 3, SPORTPARK, 3 OAKWOOD DRIVE, LOUGHBOROUGH, LEICESTERSHIRE, LE11 3QF.
- 3.2. Entries shall be submitted to the ASA Events Department together with the appropriate entry fees, not later than [10 March 2017]. An updated photograph of each competitor must be also submitted online.
- 3.3. All music information must be registered with The Limited Manufacturing License, Mechanical-Copyright Protection Society (MCPS).
- 3.4. All music shall be recorded on a CD – one routine per CD with a 'lead in' of 4 seconds.



3.5. Competitors shall report to the Clerk of the Course no less than 30 minutes prior to the start of the event.

4. Championship Events

4.1. Junior Events

4.1.1. FINA Junior Figures (15-18 years old)

4.2. Senior Events

4.2.1. Technical Solo Championships

4.2.2. Free Solo Championship

- Top eight (8) competitors from Junior Figures.
- Top four (4) competitors from Technical Solos

If there are less than eight competitors from Junior Figures or four swimmers from Technical Solos, the Promoters have the right to select the next highest swimmers to swim up to a maximum of 12 Solos.

4.2.3. Technical Duet

4.2.4. Technical Mixed Duet (One Male and One Female)

4.2.5. Free Duet

- Top eight (8) pairs with the highest average scores from Junior figures.
- Top four (4) pairs from Technical Duets

If there are less than 8 pairs from Junior Figures or less than 4 pairs from Technical Duets, the Promoters have the right to select the next highest pairings to swim up to a maximum of 12 Duets

4.2.6. Free Mixed Duet (One Male and One female)

4.2.7. Technical Team (Championships)

4.2.8. Free Team (Championships)

4.2.9. Free Combination (Championships)

4.3. The final scores in Figures, shall be calculated using FINA scoring. All routines are 100%

5. Routines

5.1. Time limits for Technical routines and Free routines, including ten (10) seconds for deck movements shall be:

Table 2

Event	Routine	Time Limit	Allowance
Solo	Technical Routine	2mins 00 secs	Fifteen (15) seconds less or plus
	Free Routine	2mins 30 secs	Fifteen (15) seconds less or plus
Duet (incl Mixed)	Technical Routine	2mins 20 secs	Fifteen (15) seconds less or plus
	Free Routine	3mins 00 secs	Fifteen (15) seconds less or plus
Team	Technical Routine	2mins 50 secs	Fifteen (15) seconds less or plus
	Free Routine	4 mins 00 secs	Fifteen (15) seconds less or plus
Free Combination		4 mins 30 secs	Fifteen (15) seconds less or plus

5.2. The accompaniment and judging shall begin upon a signal from the referee. After the signal, the performance shall continue without interruption.

5.3. The names of the competitors in the Free Duets must be submitted to the Referee in writing within one hour of the Figure and/or technical routine results being available, or at such times as stated in advance by The Promoters. Changes after this time may only be made in the case of sudden illness or accident of a member of a Duet or Team, and if the reserve is ready to compete without delaying the event. If a reserve is not ready to compete without delay the duet or free combination shall be disqualified.

5.4. If the lack of a reserve reduces the team or combination size to less than four (4) the team shall be disqualified.



5.5. Failure to notify the referee of substitution and/or deletion shall result in disqualification.

6. Order of Appearance

6.1. Order of appearance for all events shall be selected by a random draw.

7. Officials

7.1. Technical Officials for all events shall be selected by The Promoters or its delegated agent from lists approved by FINA, LEN, the ASA, SASA or WASA. The Referee shall be approved by The Promoters.

8. Victory Ceremonies

8.1. Finalists must proceed to the marshalling area for the parade when requested to do so. Appropriate clothing, e.g. full tracksuit and training shoes must be worn for the presentation.

9. Competitors' Accreditation

9.1. Accreditation cards, which will afford admission to the event, will be e-mailed pre-event to the person entering. These must be printed and brought to the event. Should a competitor arrive with no accreditation, a penalty of £10 will be charged to reprint.

10. Safety

10.1. All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

11. TV, Video or Close Range Photography

11.1. These conditions will abide by the ASA Photography policy which can be found on the ASA website. [Link](#)

12. Doping Control

12.1. Competitors taking part in the Championships may be subject to random doping control. Accreditations cards with photograph identification will be accepted.

13. Trophies and Medals

13.1. Medals will be awarded to competitors who are placed first, second or third in Championship events (Junior Figures, Technical Solo, Free Solo, Technical Duets, Technical Mixed Duets, Free Duets, Free Mixed Duets, Technical Teams, Free Teams and Free Combination)

13.2. A Medal will be awarded to the Junior who with the highest place in the Free Solo Championships

13.3. Medals will be awarded to the Junior Duet with highest mark in the Free Duet Championships

13.4. Only competitors registered with an ASA England club will be eligible to receive a trophy listed in 13.4.1-13.4.4

13.4.1. The Holland Trophy shall be awarded annually to the competitor, with the highest total of routine scores in the Free Solo, Free Duet, Technical Team, Free Team and Combination Events.

13.4.2. The Colin Lushington Trophy shall be awarded annually to the winner of the Solo Technical Championship Routine

13.4.3. The Helen Elkington Trophy shall be awarded annually to the winner of the Solo Free Championship Routine

13.4.4. The Spencer Trophy shall be awarded annually to the duet, with the highest score in the Duet Free Routine

13.5. The Redwood Trophy shall be awarded annually to the English Club team with the highest routine scores from the Technical and Free Team routines added together from the Championships.

13.6. The Gemma Yates Trophy for Endeavor shall be awarded at the discretion of the Yates family.