

ASA National Age Group Synchronised Swimming Championships 2016

Timings are subject to change due to the number of entries

Friday 2 nd December		
TIME	AGE GROUP	EVENT
10:00 - 10:30	12&U	Figure Warm Up
10:45 - 12:45	12&U	Figures
13:15 - 13:45	13-15	Figure Warm Up
14:00 - 15:15	13-15	Figures
15:30-16:00	15-18/18-19	Figure Warm Up
16:15 17:30	15-18/18-19	Figures
17:45-18:15	15-18/18-19	Solo Warm Up
18:30-19:30	15-18/18-19	Solo
	Presentations	

Saturday 3 rd December		
TIME	AGE GROUP	EVENT
07:45:8:15	12&U and 13-15	Solo Warm up
8:30-9:15	12 & U	Solo
9:30-10:15	13-15	Solo
	Presentation	
10:30-11:00	12& U D & 13/14 C	Combo & Duet Warm Up
11:15-12:00	12&U	Duet + Mixed
12:00-12:30	13-14	Combo
	Presentation	
12:45-13:15	15-18 D & 12&U C	Combo & Duet Warm Up
13:30-14:30	15-18 & 18-19	Duet + Mixed
14:45-16:45	12&U	Combo
	Presentation	
17:00-17:45	13-15 D & 15-18 C	Combo & Duet Warm Up
18:00-18:45	13-15	Duet + Mixed
19:00-19:30	15-18	Combo
	Presentation	

Note: If 13-15 Duet is drawn last, and same swimmers in 15-17 Combo, they are exempt from swimming 1st

Sunday 4th December		
TIME	AGE GROUP	EVENT
8:15-8:45	12&U	Free Team Warm Up
9:00 - 10:00	12&U	Free Team
	Presentation	
10:15 -10:45	19&U	Combo Warm Up
11:00-13:00	19&U	Combo
	Presentation	
13:00-13:45	13-15 & 15-18	Free team Warm up
14:00 - 14:45	13-15	Free Team
14:45-15:45	15-18	Free Team
	Presentation	