



## Swimnorthwest Regional Synchronised Swimming Trials 2017

20<sup>th</sup> November 2016

Dear Coach/swimmer,

The North West Region will be holding Synchronised Swimming Trials:

Saturday 28<sup>th</sup> January  
Broughton Leisure Centre  
Irlam  
M7 2DN

The purpose of the Trials is to select athletes for a NWR Elite Squad and NWR Development Squad. The Squads will take part in training sessions which will be at an intense workload to help NWR athletes achieve National and International success, and the chance to be selected for a three day camp in August.

The top 20 ranked swimmers will be invited to form the NWR Elite Squad. The following 25 ranked swimmers will form the NWR Development Squad.

No skill level requirement.

Minimum 9 years of age by 31<sup>st</sup> December 2017.

No upper age limit.

All swimmers will be tested on the 11 assessments to produce an overall ranking.

Please return the attached form complete with swimmers name, date of birth and emergency contact for the day. With an entry fee of £10 per swimmer, cheques made payable to the **ASA North West Region**.

Can Clubs please provide coaches, judges, assessors and/or volunteers to help with the smooth running of the trials on the day.

Forms to be returned to:                   Fiona Haworth  
  107 Pope Lane  
  Penwortham  
  Preston  
  PR1 9DB

**Closing date for entries: 14<sup>th</sup> January 2017**

Further information, dates and the short sequence are to follow.

Athlete Development Group  
North West Region